



Circle of Security Parenting Training[®] and Circle of Security Parenting[®] DVD

Presented by Circle of Security[®] co-originaors
Glen Cooper, Kent Hoffman & Bert Powell

Circle of Security[®] has established a new DVD parenting education program offering the core components of the evidence-based and internationally acclaimed COS[®] protocol with companion DVDs. This 4-Day seminar trains professionals to use an eight-chapter DVD to educate parents and caregivers. The program presents video examples of secure and problematic parent/child interaction, healthy options in caregiving, and animated graphics designed to clarify principles central to COS[®]. **Circle of Security Parenting[®]** implements decades of attachment research in an accessible step-by-step process for use in group settings, home visitation, or individual counseling. [Watch a sample of the DVD](#)

Dates: March 16-19, 2010

Who should attend? Social Workers, Marriage and Family Therapists, Mental Health Counselors, Home Visitors, Family Support Workers, Outreach Workers, Behavior Support Specialists, and anyone providing parenting education and/or counseling to parents of young children

Location: Westminster Congregational Church,
411 S. Washington St., Spokane

Cost: \$1000 (includes COS Parenting[®] DVD, COS Parenting Training[®] Manual, Parent Handouts, License to use the above materials to teach COS Parenting[®] to caregivers*)

\$100 discount with full payment by February 18th. Tuition (minus \$200 cancellation fee) is refundable through March 2nd. Group rates are available.

"In piloting COS Parenting[®] I watched parents integrate new insights rapidly and effortlessly. A new sense of understanding and confidence followed, allowing them to respond to their children in ways that were noticeably more secure."

- Angeles Morcuende, MD, University of Iowa

Learning Objectives of the Training:

- Understand the theoretical foundation of the Circle of Security[®]
- Build a secure base/safe haven relationship with caregivers
- Shift caregiver focus from behavior management to enhancing the quality of relationship
- Understand specific steps to build self-reflection in caregivers
- Use video examples to support increased empathy in caregivers
- Identify new options to help caregivers manage emotions
- Learn step-by-step approaches for promoting secure attachment in children

Register: Go to www.circleofsecurity.net or contact Karen Bloom at info@circleofsecurity.org or 509-462-2024

*DVD may only be used by those who have completed the 4-Day training. Completion of the 4-Day training does not grant permission to train others in the use of the DVD.